

DID YOU KNOW?

1 in 36 children in the U.S. is diagnosed with an autism spectrum disorder.

Autism affects the whole body!

Autism is often accompanied by sensory sensitivities.

Medical, mental health and attention challenges may co-exist with ASD.

Children living with ASD process and react to the world around them differently.

Intervention can improve learning, communication and social skills, as well as underlying brain development.



COLUMBIA
PEDIATRIC THERAPY



Connect with us



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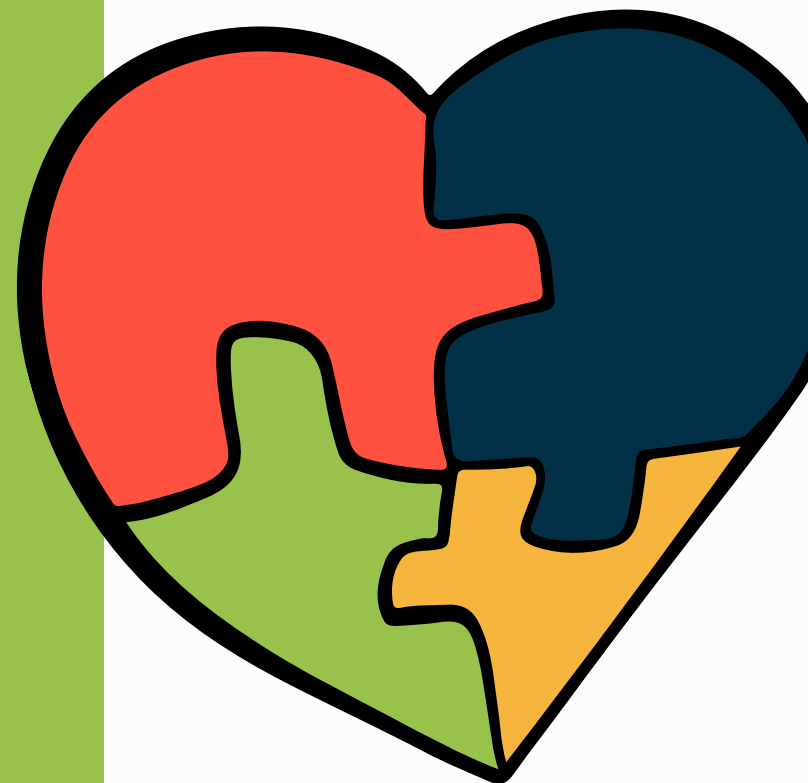
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ALL ABOUT AUTISM



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WHAT IS AUTISM?

- Challenges with social communication & interaction
- Restricted, repetitive patterns of behavior, interests, or activities
 - Motor movements
 - Inflexible adherence to routines
 - Fixated interests
 - Hyper/hypo-reactivity to sensory input
- Present in early development

YOU MAY ALSO SEE...

Delays in other developmental areas
Poor sleep
Difficulties with daily tasks
Sensory processing challenges

HOW SPEECH THERAPY CAN HELP

- Improve clarity of speech
- Support social communication and interaction with others such as reading body language
- Identify emotions in others
- Understand others' perspectives
- Modulate tone of voice
- Utilize augmentative/alternative communication (AAC) to supplement speaking skills
 - picture exchange
 - speech-generating device
- Develop play and cognitive skills
- Executive functioning skills



HOW OCCUPATIONAL THERAPY CAN HELP

- Develop & enhance play skills
- Build learning strategies
- Improve tolerance of Activities of Daily Living ("ADL") such as:
 - Brushing teeth
 - Dressing
 - Bathing
 - Toileting
- Develop safety awareness
- Improve sleep
- Feeding difficulties, including picky eating
- Sensory processing/integration
- Self-regulation & coping strategies
- Reflex integration
- Fine & gross motor skill development
- Social skill growth

GETTING STARTED

Contact us if you have questions or think Speech or Occupational Therapy may be helpful. We will conduct an initial evaluation and create an individualized treatment plan.