

WHO WOULD BENEFIT FROM SPEECH THERAPY?

Below are examples that indicate speech therapy or expansion of speech therapy goals/services could be a good fit for a child:

- Difficulty being understood by family members or people outside of the family, including feeling of frustration around not being understood.
- Unable to clearly express their wants and needs.
- Appears delayed in language compared to kids their age.
- Has trouble with following directions or understanding verbal or written instructions or tasks, such as reading tasks at school.
- Eats a limited variety of textures, foods, or has difficulty controlling liquids/foods in the mouth (e.g. some spills out, pockets food in their cheeks).
- Baby has difficulty with breast or bottle feeding (poor latch, gagging, coughing, spillage).
- Open mouth breathing, open bite, poor sleep, snoring, tongue thrusting forward when eating/drinking/speaking, or thumb sucking.
- Limited verbal communication or potential benefit from augmentative/alternative strategies.
- Difficulty attending or engaging in play or work tasks.
- Challenges with social interactions with others.



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