

### ALL ABOUT THE TACTILE SYSTEM

#### WHAT IS THE TACTILE SYSTEM?



THE SENSE OF TOUCH



PART OF THE NERVOUS SYSTEM



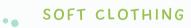
ALLOWS US TO FEEL AND INTERPRET INFORMATION THROUGH OUR SKIN

WHEN IT'S FUNCTIONING SMOOTHLY, IT ...

HELPS US FILTER OUT UNNECESSARY INFORMATION THAT CAN BE DISTRACTING!



THE TACTILE SYSTEM IS WHAT ALLOWS US TO FEEL:







WET BUBBLES







HARD TOYS

AIR FROM A FAN







# HOW SOME BRAINS & BODIES RESPOND TO TACTILE INPUT

A CHILD MAY SEEK TACTILE INFORMATION MORE THAN OTHERS.
THIS MAY MEAN THAT THEY ARE...



#### TACTILE SEEKING

"TACTILE
UNDER-RESPONSIVE"

THIS MIGHT LOOK LIKE:

TOUCHES OTHER PEOPLE EXCESSIVELY, SOMETIMES TO THE POINT OF IRRITATING PEOPLE AROUND THEM

LIKES TO FEEL NON-EDIBLE ITEMS IN THEIR MOUTH

FIDDLES OR TOUCHES CLOTHING OFTEN

CLUMSY WITH FINE MOTOR ACTIVITIES

PREFERS MESSY PLAY

DOES NOT NOTICE MESSINESS ON HANDS OR FACE

WHEN A CHILD HAS DIFFICULTY WITH TOLERATING CERTAIN TYPES OF TACTILE INFORMATION, THIS MAY BE A RESULT OF...



## TACTILE DEFENSIVENESS/SENSITIVITY



#### THIS MIGHT LOOK LIKE:

REFUSAL TO WEAR SOCKS AND REPORTS SEAMS OR TEXTURES OF CLOTHING ARE UNCOMFORTABLE

BRUSHING OR COMBING HAIR IS PAINFUL

CERTAIN FOODS ARE "TOO MESSY" OR "ICKY" TO TOUCH; CONSIDERED A "PICKY EATER"

HAIRCUTS, NAIL CUTTING, AND TEETH BRUSHING ARE CHALLENGING

BLANKET OR CLOTHING FABRICS CAN FEEL PAINFUL, "ITCHY" OR UNCOMFORTABLE

